



OPIOIDS: WHOLE-PERSON APPROACHES TO TREATMENT AND RECOVERY

FREE Full Day Workshop — April 12, 2019

9:00 - 4:00PM, Heritage Hall

PLYMOUTH STATE UNIVERSITY

Lunch not included — Attendees will receive 5.5 CEs

This workshop explores our history with opioids; what strategies, including medication assisted treatment (MAT), legislative fixes, wellness, and therapeutic interventions, are being used to address disability and death. Using didactics, case-studies, and small group work, participants will explore how to assess an individual, and construct reality-based plans that move clients toward recovery.

A whole-person, and highly individualized, approach will be emphasized, as most individuals with opioid use disorder have co-occurring mental health problems. Content will include the use of standard diagnostic criteria, public-domain screening tools, current psychopharmacological interventions and a broad range of evidence-based therapeutic and theoretical strategies, such as CBT, DBT, 12-step, Motivational Enhancement, Stage of Change Theory, Harm Reduction, Recovery, Trauma-based therapies, Peer Support, and Wellness.

***Register Here:** <https://campus.plymouth.edu/cesp/opioid-treatment-and-recovery-workshop-registration/>

Guest Presenter:
Dr. Charles Atkins

Dr. Atkins, Chief Medical Officer at Community Mental Health Affiliates in New Britain, CT, is a board certified psychiatrist with extensive administrative and clinical experience in substance abuse and dual diagnosis treatment, including MAT. He is a nationally recognized speaker and published author.

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