



NEW HAMPSHIRE
**SCHOOL
COUNSELOR
ASSOCIATION**

**Annual Fall Conference
Friday, October 19, 2018**

**Conquering the
FEAR FACTOR :
Understanding the Role of
Stress in Kids with
ADHD and LD**

**Keynote Speaker:
Dr. Jerome Schultz**

Presented by the NH School Counselor
Association

Grappone Conference Center
70 Constitution Avenue
Concord, NH

To: _____

Tear off and submit with payment to: (See information about online registration below.)

NHSCA c/o Sharon Nix
9 Coventry Lane
Belmont, NH 03220

Name: _____ Member (Circle one): Yes No

Email Address: _____
(Confirmation and receipt will be emailed)

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Online Registrations are strongly encouraged!!! Please visit www.nhscsa.camp7.org

NHSCA c/o Sharon Nix
9 Coventry Lane
Belmont, NH 03220

**For more information
on becoming a member
and saving money on
this registration go to:
www.nhscsa.camp7.org**

Mission Statement:
NHSCA is a division of the American School Counselor Association and represents over 400 of N.H.'s professional school counselors. The mission of the New Hampshire School Counselor Association is to actively promote standards of excellence in professional school counseling.

Dr. Jerome (Jerry) Schultz, is a former special education teacher. He is currently a Clinical Neuropsychologist, and holds a faculty position at Harvard Medical School. He is the Research Coordinator at the Gaab Lab at Children's Hospital in Boston, which is involved in ground-breaking research that's looking for biological markers for dyslexia in infants as young as 2 months of age.



Dr. Schultz was the recipient of the prestigious LDA Award at the 2016 international conference of the Learning Disability Association of America (www.lda.org). This award is presented annually to the individual who has made an outstanding contribution to the field of Learning Disabilities. Dr. Schultz's book "Nowhere to Hide: Why Kids with ADHD and LD Hate School and What We Can Do About It" explores the insidious but pervasive impact of performance-related stress on cognitive functioning and behavior in students with learning and attention problems. Dr. Schultz also writes a blog on The Huffington Post and he has an active following on Twitter: @docschultz. In addition, he writes articles, provides "Expert" answers to questions from parents and teachers, and hosts webinars on the websites of CHADD, LDA, ADDitude Magazine, and www.understood.org.

Jerry is in schools several days a week, where he works with teachers and other professionals concerned with learning and emotions in kids, in particular, those with learning differences and challenges. His work is based on over 35 years of experience, and he's known for his sensitive, honest and practical advice for teachers, kids and their parents.

You can find more information about Dr. Schultz at his website: www.jeromeschultz.com.

Conference Schedule

8:15-8:45 Registration

8:45-9:00 Introductions and Opening Remarks —
Jonathan Cheney, NHSCA President; Frank Edelblut, Commissioner, NH Dept. of Education

9:00–10:40: Conquering the FEAR FACTOR
– *Jerome Schultz*

10:40 Break

11:00-12:00 Conquering the FEAR FACTOR
(Continued) – *Jerome Schultz*

12:00 – 1:00 Lunch Provided

1:00– 2:00 Conquering the FEAR FACTOR
(Continued) – *Jerome Schultz*

2:00-2:15 Break

2:15-3:15 Conquering the FEAR FACTOR
(Continued) – *Jerome Schultz*

3:15-3:30 Wrap up and Door Prizes

Conference outline will be available to registered attendees for download prior to the conference.

Conference Cost

Early Bird Member Price: \$120

Post Marked by October 1, 2018

Member Price after Oct 1: \$140

Non-member: \$175

Student Price: \$80

To become a member, visit our website:

www.nhsca.camp7.org

Graduate interns may apply for a partial scholarship at our website.

Conference Objectives

Participants will be able to:

- Identify brain structures and chemical processes involved in the stress response.
- Consider that the negative behaviors often seen in students with LD and ADHD are the defensive, protective behaviors that are the consequence unabated stress.
- Be able to Explain the protective function of "Saving FASE" (fear, avoidance, stress and escape).
- List several practical strategies related to the DE-STRESS Model of intervention.